

Aftercare

*Pictures will be sent by clients for the first seven days then once a week after that as needed per procedure to track healing and progress.

Permanent makeup and cosmetics

Post-care is very important to the appearance and longevity of your new permanent makeup and cosmetic procedures. Do not let an extended amount of any water, lotion, soap, or makeup touch the worked area during the first 5-7 days after your procedure besides the Aquaphor morning and night.

Aftercare Basics Days 2- 10: Gently wash area with a small amount unscented antibacterial soap (dial gold) and water and pat dry with clean paper towel. Make sure skin is clean and dry before gently applying the Aquaphor (grain of rice-sized amount) with clean q-tip or clean fingers.

Make sure your hands are completely clean and gently wash your face with dial gold antibacterial soap.

The following must be avoided during all 14 days post procedure:

Increased sweating Practicing sports Swimming

Hot sauna, hot bath, or Jacuzzi Sun tanning or salon tanning

UV/UVA Rays or chemicals as they have been known to cause a shift in color and premature fading.

Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic acid on the face or neck.

Picking, peeling, or scratching of the micro pigmented area to avoid scarring of the area or removal of the pigment.

Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris.

Drinking alcohol in excess, as it may lead to slow healing of wounds.

Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles.

Touching of the area except for when rinsing and applying the post-care cream with a cotton swab.

Please wash your face carefully around the area without getting water on the treated area. During the shower, keep your face away from the showerhead or take a bath. DURING THE FIRST 7 days if you can.

Itching and flaking may appear during the first seven days post procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear.

If you have any unexpected problems with the healing of the skin, please contact glam by Selena immediately, to discuss further instructions and contact your local physician.

Contact a physician if any signs or symptoms develop such as the following: fever, redness at the site, swelling, tenderness of the procedure site, elevated body temperature, red streaks going from the procedure site towards the heart, and/or any green/yellow discharge that is foul in odor.

What to Expect During and After Your Session

Entire healing process will take from 4-6 weeks depending on your body regeneration and age. Your new eyebrows will go through several phases during the healing cycle.

The pigment will appear very natural looking immediately after the procedure. The color of the pigment will appear much darker the next day.

Note that because of natural skin regeneration, after recovery period (peeling), procedure might appear lighter than original. This might give you the impression that color is fading too quickly. Often even with proper care, clients may lose original hairstrokes which make brows look uneven. It is absolutely normal. That's the reason why most clients need a touchup after 6 weeks.

Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. However, this is just superficial color and dry skin being naturally remover. The final look of your procedure will be apparent approximately 30-60 days after your procedure.

Never rub the treated area as it will disturb the skin from natural healing.

Once completely healed, always apply a layer of sunscreen SPF 30 up to SPF 50 when exposed to the sun. Sun exposure might cause the color pigment to fade away more quickly. When using foundation, be aware when applying to avoid your healed procedure sites. If foundation covers healed results, the areas will appear lighter.

You can now enjoy your beautiful new semi-permanent makeup and cosmetics. You will simply love your new glam gorgeous fresh look!

AFTERCARE INSTRUCTIONS POINTERS:

For 1 hour post appointment, blot (brows only) with a clean tissue to remove lymph. If the oozing dries on their brows, it'll create massive scabs, and the brows will peel and flake like crazy!

Within a few hours post appointment, wash brows with the dial soap. Wash gently in direction of hair. It's a LIGHT swipe, just to help remove excess oil, oozing etc.

-RINSE THOROUGHLY. Cup hands with water and rinse to make sure all soap is removed.

-Pat dry with clean paper towel

-Apply Aquaphor (TINY AMOUNT, NOT GOOPY)

Wash morning and night for 10 days

Apply Aquaphor morning and night for 10 days.

No getting them wet other than washing OUTSIDE of shower. This includes shower, sweating, sauna, hot tub, ETC.

No direct sunlight for 2 weeks

NO MAKEUP. LOTION. FACE WASH. SERUMS. SHAMPOO. CONDITIONER Etc. can touch them for two whole weeks.

After that, avoid all products on them that include active ingredients (acne or anti-aging products)

NO picking or scratching at scabs. DO NOT sleep on face!

Scalp Micropigmentation Aftercare Guide

Short-Term Care

Immediately after treatment, your scalp will need time to heal. Just like any other medical procedure, you need to take it easy by not interfering with your body's recovery process. The scalp will form tiny scabs where the needle pierced the skin. Under no circumstances should you touch, pick at, or disturb your scalp while your body mends these small wounds.

You must wait three days before washing or touching the scalp after a treatment.

Prevent your body from sweating by resting during this time. Do not exercise, sit in the sun, or do any other activity that may cause you to sweat.

By the fourth day, you can use water to rinse your scalp. Do not use any shampoo or other soaps to clean the area. If you are planning on having another treatment, begin moisturizing the scalp at this time.

After seven days, you can clean the treated area. We recommend washing the scalp with a gentle facial cleanser. During the first 30 days, it is critical that you avoid exposure to UV rays, intense sweating, or any damage to the scalp while your micropigmentation sets.

Long-Term Care

It's understandable to be concerned about your scalp micropigmentation aftercare, but you should try your best to enjoy the results, instead of constantly fretting about potential outcomes.

Continue to avoid direct exposure to intense sunlight and protect yourself from UV rays. This will help the treatment from "fading" and will give you better results for a longer period of time.

Do not use products that contain alcohol as a quick drying agent. Specifically, look out for SD alcohol, denatured alcohol, or isopropyl alcohol high on the list of ingredients.

Always moisturize your scalp at least once every day.

Remove dead skin cells by using an exfoliating cleanser to keep your scalp looking great.

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Paramedical Tattoo Aftercare

Clean the area with a natural cleanser such as Silver soap, dial gold, or a gentle unscented soap and keep it protected with Aquaphor spray/ointment 7-14 days. you will then switch to all-natural cocoa butter or almond oil 30-90 days. Keep your hands clean and avoid touching the area. gel packs can be used for any swelling. As long as there is a clean paper towel between it and the skin alternating every 20 minutes. Avoid using harsh soaps, creams, fragrances, and lotions. Avoid active sun exposure, excessive sweating, swimming, massage for the best outcome for the next 30-90 days.

Although the appearance may improve after the first session, final results don't happen overnight! Each Client heals differently, it is important to understand that we cannot predict how your skin will accept the pigment or inkless method (as with any tattoo). Healing generally 60-90 day heal. You can go onto regular activities after 14 days but protect and be gentle with the areas.

Paramedical Aesthetic procedures are performed with adherence to strict safety and infection control practices. However, in general, these procedures may have unanticipated risks including infection, allergic reaction, granulomas, and keloid formations during the healing process. These statements have not been evaluated by the Food and Drug Administration. This treatment is considered beauty in nature and is not intended to diagnose, treat, cure, or prevent any disease.

*Please note This is a cosmetic procedure, the skin's healing process is unpredictable in retaining the pigment and therefore, not guaranteed. Results are generally successful; however, results may vary due to skin type and individual healing.

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Lightening Client Aftercare Instructions

It is critical to follow all aftercare instructions to prevent complications, scarring and to achieve optimum results.

Please read carefully.

1. KEEP AREA CLEAN and open to the air. Do not cover with anything (second skin, band-aids, etc.) else, leave open to air. Air/oxygen provides good and faster healing. CLEANSE THE AREA 4x a day with Saline. Dampen a paper towel or cotton round with Saline and blot the area 4x daily. Make sure you wash your hands directly before cleansing the area.
 2. DO NOT SOAK the treated area in water. You can shower as normal but keep the area out of the shower spray the best you can and do not let the area stay wet for more than a few minutes. It is best to keep it dry but if you do get it wet gently pat dry.
 3. NO BATHING, SWIMMING, SAUNAS, HOT TUBS, TANNING, OR EXERCISE. NO EXCEPTIONS.
 4. DO NOT disrupt the scabbing process (i.e., no picking, scratching, etc.) All scabbing needs to fall off naturally. If you force or pick a scab off, you will disrupt the process and possibly cause scarring. It is critical to keep the scabs on as long as possible to achieve optimum results.
 5. TREAT AREA WITH TLC. DO NOT DO ANYTHING AT ALL THAT COULD CAUSE ISSUES OR PROBLEMS TO THE TREATED AREA.
 6. ONCE ALL SCABBING HAS NATURALLY FALLEN OFF, apply vitamin E oil one drop 3 to 4 times throughout the day for a minimum of 4 weeks, or until the next lightening session. DO NOT start applying the Oil until all scabbing has naturally and completely fallen off. It is our goal to keep the area as dry as possible until all scabs have naturally fallen off.
 7. LIPS please drink all liquids with a straw until all scabbing has naturally fallen off. Brush with Toms of Maine or Classic Crest (no whitening, no peroxide toothpastes. Cut food into small bites....no biting into a sandwich. Try to keep mouth expressions to a minimum.
- ❖ It is important to the process and integrity of the skin that 8 full weeks of healing take place before another lightening session can be done. No exceptions
 - ❖ Lightening unwanted pigment can be a long process and patience is required. This is true whether you are choosing a saline lightening product or laser. Please be patient and give the process a fair chance to work. Expect visible and wanted results in 2 to 5 sessions. How many sessions needed will depend on how saturated the pigment is, how deep it was implanted, the location, the skin type and how much needs to be lightened for the desired result. In many cases only a percentage of the pigment needs to be lightened and then we can continue the correction process by color correcting or color shifting. In those cases where we have pigment misplaced or in an unwanted area, color correcting will not be an option and lightening as much of the pigment as possible will be our ultimate goal.
 - ❖ Results cannot be foreseen, predicted, or guaranteed.
 - ❖ If you have any questions or concerns, please call us. If at any time you have any green or yellow puss in the area of the lightening procedure, or any concerns at all during the healing process please call us immediately.