



BACN
British Association
of Critical Care Nurses

LINET

FINALIE: FUN RUN / WALK



**40 minutes for 40 years –
run, walk, or simply move !**

YOUR FIRST PATIENT IS YOU -

MEET AT: Blackpool seafront (NORTH PIER)

WHEN: 7TH OCTOBER 7:00AM - 8:00AM

Join like minded individuals from the network for a 40 minute run/walk along Blackpool Pier. Everyone is welcome, whether your there to Sprint, Run , Jog , Walk or Cheerlead from the sidelines. No-one gets left behind.

DONT FORGET TO PACK YOUR TRAINERS