



ST REGIS

MACAO

澳门瑞吉酒店

THE SPA

MENU



A Singular Sanctuary

Experience a rare retreat at The Spa at The St. Regis Macao, a sensorial escape honoring the art of decadence. The Spa pays homage to the original Iridium Room at The St. Regis New York, where the city's aristocrats and iconoclasts gathered to revel in a private world of spectacle and glamour. A modern jewel box designed for indulgence and defined by joie de vivre, The St. Regis Spa is an enclave apart - a private invitation to experience the extraordinary. From lush surrounds to precious ingredients, every aspect of the spa sanctuary is custom created to captivate and celebrate.

真我疗愈之旅

在澳门瑞吉水疗中心体验真我疗愈之旅，开启一场感官与艺术的沉浸式体验。瑞吉水疗中心向纽约瑞吉酒店的名流雅士致敬，为宾客提供一个私密及充满魅力的地方。水疗中心仿如一个定制的珠宝箱，让宾客全程沉浸，尽享乐活之道。从环境到选材，水疗中心的每一个细节都悉心让宾客尽享瑞吉水疗的精粹，诚邀您尽享非凡体验。



Caroline’s Collection

Caroline Astor, better known only as ‘Mrs. Astor’, was the curator of the upper echelons of New York society during the latter part of the 19th century. As matriarch of one of the great dynasties of New York, she was a symbol of luxury, opulence, and taste. Paying homage to Caroline’s passion for innovation, refinement, and vibrancy – this collection of treatments is unique to each St. Regis Spa, crafted from the very best experiences and ingredients to create distinguished and perfectly tailored experiences.

卡罗琳精选

卡罗琳·阿斯特，也被尊称为“阿斯特夫人”，是19世纪后半叶纽约上流社会中阿斯特家族的代表人物。如同划时代般的存在，她是奢华、富足和品味的象征。为了向阿斯特夫人的创新，精致与活力致敬，此系列为瑞吉水疗中心的特色护理，以难忘的服务缔造卓越体验。

ILLUMINATE & LIFT 90 minutes

This revolutionary treatment captures the best of science and rare ingredients with instant, visible results to preserve the youth of the skin. AHA fruit acid is massaged into the face to provide a plumping facial lift while collagen is stimulated through a tightening bio-cellulose mask that firms the skin. The experience is completed with rose stem cells and porcelain flower oil that repair skin damage and leave a soft, dewy finish. Continue your skin-brightening journey at home with an exclusive gift after the treatment.

Performed with SOTHYS Products

年轻亮肌之旅 90分钟

融合先进技术及高端稀有成分，提供具即时可见的护理效果，让皮肤保持年轻状态。利用AHA果酸按摩脸部使肌肤细致柔嫩，同时刺激胶原蛋白增生以提升脸部肌肤。配合蕴含玫瑰干细胞及瓷花精油的保湿修护生物紧致脸膜，有助修复、保湿等多种功效，打造柔软水润肌肤。护理后享专属礼遇，让您于家延续亮肌之旅。

使用思蒂产品

FLAWLESS GARDEN ROSE 90 minutes

Escape into an exquisitely sensory experience inspired by delicately perfumed gardens. The skin softening granita scrub revives tired skin while the full-body massage with precious porcelain flower oil soothes and deeply relaxes the body.

Includes: Granita body scrub, full body massage

花园玫瑰之旅 90分钟

灵感源于精致的香水花园，激发五感逃离现实。利用磨砂软化皮肤表层并修复细胞基底，再以乳木果油全身按摩舒缓身体疲惫，放松身心。

包含：格兰尼塔身体磨砂膏、全身按摩

THE 400 180 minutes

Inspired by the gilded age of New York's high society, this face and body experience elegantly combines the rarest of ingredients for a sensorial escape of the mind and body. After a full-body reviving granita scrub to smooth the skin, drift away with an aromatic and relaxing body massage. The luxurious experience is completed with a triple active facial for youth, plumping, and radiance.

Performed with SOTHYS Products

尊享400 180分钟

灵感来自于纽约上流社会的镀金时代，结合高贵稀有元素的精致体验，优雅缔造心灵和身体的双重感官释放。利用磨砂去除身体角质再结合芳香疗法放松按摩，配合奢华三重活性脸部护理，打造亮泽肌肤。

使用思蒂产品

DIAMOND GLOW JOURNEY 200 minutes

Be prepared to glow with a relaxing treat featuring The Spa's gemstone-infused elixir. Diamond powder, known for its anti-oxidant and brightening properties, is combined with the sensual notes of jasmine and ylang ylang essential oils, creating a calming cocoon that melts away any stress and calms the mind and body.

Includes: scrub, massage, facial, private relaxation and celebration offering

钻石无瑕光泽之旅 200分钟

崭新的宝石精华疗程，焕发肌肤天然光泽。蕴含丰富抗氧化及提亮因子的钻石粉末，糅合茉莉花及依兰依兰精油的宁神香调，形成一道舒静保护层，令思绪及身心彻底放松及蜕变。

包括：磨砂、按摩、脸部护理、尊享放松时刻及量身庆祝服务



Wellness

Our wellness rituals are unique to The Spa at The St. Regis Macao. Crafted to restore energy and welcome mindfulness, we recommend an immersion into this world of wellbeing. These treatments are designed to balance the body's energy pathways and establish harmony between the physical, mental, and spiritual self. Each ritual results in a naturally restored sense of wellbeing and a livened spirit, with the ultimate sense of balance.

身心

澳门瑞吉水疗中心精心打造能恢复能量的疗愈之旅，这些体验旨在提升身体的正能量，并在身体、心理和自我精神之间建立和谐。每一个疗愈之旅悉心让宾客恢复幸福感并重唤活力，量心制作以调整及平衡身心。

GEMSTONE JOURNEY

120/90 minutes

Discover which gemstone suits you best as each element of this treatment is personalized to that unique gemstone. With a customized massage oil and the use of your gemstone in the massage, the treatment focuses on your body's specific needs that will rebalance and energize you.

个性化宝石按摩

120/90分钟

按摩开始前，理疗师将详细了解您的需要，从而挑选最适合您的宝石、为您调配合适的按摩油，配以独特的按摩技巧，为您平衡身心并注入正能量。

BLISSFUL STONE WELLNESS

120/90 minutes

Experience optimal wellness and deep relaxation through this meditative treatment. Starting with guided breathing, delight in a foot exfoliation using rich in minerals bath crystals that will ground and prepare your body for a restorative massage. Harnessing the warmth from heated volcanic stones, this luxurious massage focuses the warmth to your muscles, allowing for complete relaxation and tension relief.

热石放松按摩

120/90分钟

调整呼吸从而进入沉思冥想，让身体达至深度放松。先利用富含天然矿物成分的浴盐去除足部角质，再配合火山石热力及特设按摩精油纾缓绷紧的肌肉，释放肌肉中的紧张压力。

RHYTHM AND RESTORE

120/90 minutes

Sound enhances the therapeutic effect of this transformative treatment. Handmade Nepalese singing bowls - comprising of seven healing metals - are used on and around the body with the vibrations releasing deep-seated tension in the body. In this profound state of relaxation, the brain waves are slowed, energy blockages are shifted, and the chakras are balanced.

Includes: Singing bowls meditation, Ayurveda massage and a healthy set menu

音频颂钵按摩

120/90分钟

使用纯手工制的尼泊尔颂钵为身体进行声音疗法，透过音频释放身体内紧张压力。于深度放松的状态下强化能量、平衡脉轮并调整身心。

包括：颂钵冥想、阿育吠陀按摩及健康膳食

BALINESE HARMONY

90 minutes

Inspired by the beauty rituals of Bali, Indonesia - these ancient massage techniques provide a powerful sense of wellbeing. In tandem with mindful breathing, the massage immediately soothes the mind and body.

传统巴厘岛式按摩

90分钟

受印尼巴厘岛传统水疗启发，体验特色按摩技巧以刺激感官功能及激发身心活力。巴厘岛式按摩与正念呼吸技巧相结合，舒缓身心。



Massage

Curate your very own bespoke massage experience with the choice of three sensory escapes from the scent bar and a choice of delicate and nourishing textures.

按摩

透过三种感官及香气让您体验精致的水疗之旅，悉心定制您专属的按摩体验。

PERFORMANCE

120/90 minutes

Intuitive and intense, a strong massage specially designed for precision and results. Enjoy the benefits of a unique combination of ingredients - arnica and mandarin invigorate whilst camphor and cypress boost the effects of exercise.

焕活身体按摩

120/90分钟

精妙手法缔造深度按摩疗愈，以恰如其分的力道针对性地按压穴位，山金车和柑橘精油有助提神、樟脑和柏树精油则有效焕活身心。

STRESS RELIEF

120/90 minutes

Sensorial and awakening, a massage journey that harmonizes techniques from around the world. A stress relieving treatment that uses mobilizing movements and firm massage to ease away tension and restore energy levels.

解压护理按摩

120/90分钟

汇聚来自世界各地的按摩技艺焕活身心、赋能五感，通过排解压力的方法结合运动及按压舒缓肌肉紧张并恢复身体能量。

RELAXATION

120/90 minutes

Deep relaxation of mind and body, a fully bespoke massage using light to medium pressure. Choose your sensory escape from the Scent Bar which will then be blended with a nourishing oil. A true feeling of balance.

放松舒缓按摩

120/90分钟

心灵和身体的深度放松，定制专属的放松按摩疗法。从香韵环绕中五感绽放，与保湿霜混合精油，让身体达到真正的平衡感。

RE-ENERGIZE

90/60 minutes

Using a Japanese reflex-inspired foot massage to soothe and relieve tension, this energizing treatment also encompasses the whole body with a soothing and sweeping massage that warms the muscles and invigorates the mind.

赋活按摩

90/60分钟

以日式反射式足部按摩以舒缓紧张情绪，将温暖传递至全身肌肉神经，焕活人体能量。

ASIAN COMBINATION

120/90 minutes

Realign your chi with this treatment that uses age-old Asian massage techniques known for their benefits in alleviating muscle tension and balancing the body. This unique massage combination incorporates the long stroking movements of the Hawaiian Lomi Lomi massage, whilst stretching out the body with the traditional Thai massage, and manipulating the muscles with the traditional Chinese Tui Na massage.

东方精粹按摩

120/90分钟

透过历史悠久的东方按摩技术，融合夏威夷传统 Lomi Lomi按摩手法，让您的气血得以调息，纾缓肌肉紧张及平衡身体机能。理疗师利用传统泰式按摩舒展筋络，中式传统推拿则有效放松肌肉。

THAI

120/90 minutes

This traditional Thai massage combines yoga, acupressure, gentle and deep stretching, as well as contemplative meditation to fully relieve tension, enhance vitality and achieve a unified mind, body and soul.

泰式按摩

120/90分钟

糅合瑜伽、穴位、柔和伸展、深层拉筋及沉思冥想，这独特的治疗方式有助纾缓紧张情绪，增强活力以平衡身心灵。

Body

Marrying classic body treatments with elegant innovation to present both a luxurious and results driven experience.

身体

将经典的身体护理与优雅的创新相结合，呈现奢华的水疗体验。

PLUSH BODY POLISH

45 minutes

Toning and softening. A full body scrub that can be tailored using exquisite fragrances from our Scent Bar– breathe in and let the aromas quiet the mind whilst the expert hands of the therapist use sugar and salt to soften and hydrate the skin.

Includes: Full body sugar and salt exfoliation

个性化身体磨砂

45分钟

利用尊属香氛调制个性化身体磨砂，去除角质并滋润肌肤。让香气平静心灵，舒缓身心。

包括：全身糖盐去角质

REFINED SILHOUETTE

60 minutes

Designed to maintain the body's youth using proven formulas and techniques. A citrus full body scrub prepares the skin to receive a technical toning body serum formulated with active ingredients that work on skin firmness in harmony with a stimulating massage to improve the appearance of the body's contour.

Includes: Citrus scrub and firming massage

紧致身体塑形

60分钟

使用经验证的配方及专业技术保持身体年轻。用柑橘身体磨砂让肌肤去除角质，配合由活性成分配制而成的精华液按摩，改善肌肤紧致度，从而塑造身体轮廓。

包括：柑橘磨砂及紧致按摩

FLAWLESS GARDEN ROSE

60 minutes

Capture a moment of escapism with this sensory experience, inspired by delicately perfumed gardens. A skin softening granita scrub revives tired skin after which a full body massage with a precious Porcelain flower oil to soothe and deeply relax.

Includes: Granita body scrub, full body massage

花园玫瑰之旅

60分钟

灵感源于精致的香水花园，激发五感逃离现实。利用磨砂软化皮肤表层修复细胞基底，以精致的乳木果油按摩全身纾缓身体疲惫，放松身心。

包括：格兰尼塔身体磨砂膏、全身按摩

SLIMMING

75 minutes

This slimming ritual adapted to each client combines technical prowess, efficiency and relaxation. An invigorating and delicious scrub followed by a massage on targeted areas using the Sothys exclusive body massage accessory made from Limoges porcelain. For a more toned body that appears redefined after this highly original slimming massage.

Includes: Slimming scrub and massage

瘦身疗程

75分钟

以专业按摩手法配合思蒂产品提供有效合适的瘦身疗法。先进行身体磨砂去除角质，提升肌肤吸收，再利用思蒂瘦身产品针对性按摩身体，促进排毒、强化循环系统和减少橙皮纹，进一步滋润和紧致肌肤。

包括：瘦身磨砂及按摩

IMMERSIVE RELAXATION

90 minutes

A deeply hydrating and relaxing aromatic body ritual with delicate scents of cherry blossom and lotus. A warmed enzymatic scrub works whilst a reflex-inspired foot massage relieves tension. Exfoliating gloves slough off the peel revealing glowing skin, ready for the nourishing warmed shea butter massage.

Includes: Enzymatic peel, exfoliating scrub, focused foot massage and flowing body massage

沉浸式芳疗护理

90分钟

沉浸于深层滋润疗愈之旅，配合樱花和莲花的芳香疗法让身心放松。精选温润酶磨砂缓解足部紧张，温暖润肤的乳木果油去除角质令皮肤焕发光彩。

包括：酶焕肤、去角质磨砂、重点足部按摩及身体按摩

CELEBRATION OF THE SENSES

90 minutes

A sensorial, awakening ritual to energize and unseat tension – this treatment is a truly elevated experience. A warmed enzymatic exfoliating syrup is gently worked into the body with a handmade terracotta stone. A deep massage with heated amber oil unseats tension whilst stretches and mobilization movements re-energize.

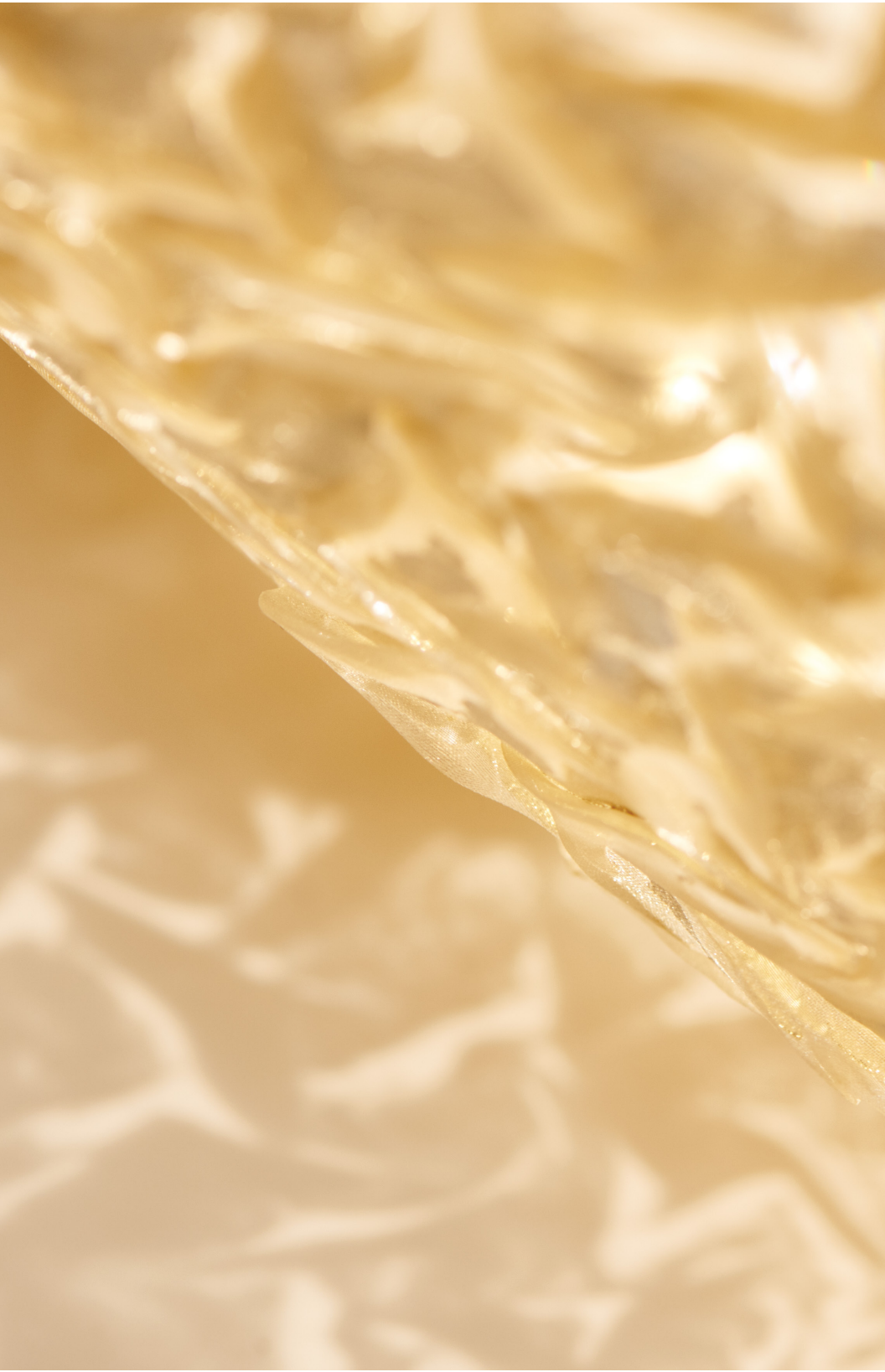
Includes: Enzymatic exfoliation, amber oil massage

尊享感官体验

90分钟

消除紧张情绪并重唤身体活力，感受一场真正的感官唤醒体验。利用去角质手套将酶磨砂涂抹身体去除角质，再透过加热的琥珀精油进行深度按摩，以专业的手法让身体充分伸展，有助缓解紧张情绪并重焕活力。

包括：酶去角质、琥珀油按摩



Face

High performance and precision facial treatments using the most innovative technology offers you clinically proven results. From exquisite ingredients, treatments are suitable for all skin types, for men and women alike.

脸部

为宾客带来高效的脸部疗程。使用创新的技术和专利成分，提供适合所有男性或女性皮肤类型的治疗方法。

SOOTHING FACIAL 60 minutes

Discover the ultra-gentle benefits of Spa™ Thermal Water and allow your skin to recover with comfort and care. Visibly soothing redness and irritation for both naturally sensitive skin and environmentally sensitized skin, this facial has been designed to provide total skin balance.

Performed with Sothys Products

脸部舒缓 60分钟

体验皇家专享Spa™圣泉水的极致温和功效，平让肌肤在舒适和护理中得到恢复。能减低肌肤发红状况，有效巩固及保护肌肤，旨在提供全面的肌肤平衡。

使用思蒂产品

BOOST & BRIGHTEN 75 minutes

Revive youthfulness with a brightening and detoxifying facial. Recharge your skin and treat it with a burst of energy to help it defend itself against the harmful effects of environmental stress. The skin appears reoxygenated as if it can breathe more easily with a renewed resistance to fatigue and pollution.

Performed with Sothys Products

美白提亮护理 75分钟

有效提升肌肤光泽及活力，并强化肌肤的防御能力。为肌肤重新注氧，变得更有光泽及紧致。

使用思蒂产品

PROFOUND HYDRATION 75 minutes

A deeply hydrating facial. A powerful plumping effect with ceramides to repair the skin's moisture barrier and rebuild. This technical facial includes four different types of skin drenching hyaluronic acid for all layers of the skin and Boletus extract to stimulate hyaluronic acid production.

Performed with Sothys Products

多重补水护理 75分钟

利用神经酰胺的丰盈效果，将精华液迅速渗透至皮肤真皮层，补充透明质酸，牛肝菌萃取精华有效改善皮肤的缺水状况，重新焕发透亮光感，呈现弹润水嫩的肌肤。

使用思蒂产品

INSTANT YOUTH 75 minutes

A treatment for visibly younger skin designed to firm and lift the face contour. Salicylic acid evens out texture, whilst a deep anti-wrinkle massage smooths the skin. A dermo-lifting mask and layered Youth Serums complete this treatment.

Performed with Sothys Products

活颜紧致 75分钟

有效提升肌肤紧致度，水杨酸成分有助柔化平滑粗糙的皮肤，减少细纹产生，配合提拉式脸膜及精华加强紧致及饱满效果。

使用思蒂产品

DIAMOND CARE 90 minutes

This treatment uses products that are uniquely formulated with powdered diamonds that are combined with poinsettia and orchid extracts to deliver the ultimate experience in precious skin care. Your skin will feel relaxed and radiant with wrinkles visibly softened.

Performed with GEMOLOGY Products

钻石凝时紧致护理 90分钟

选用蕴含珍贵钻石粉末配方的产品，糅合一品红及兰花萃取精华，为肌肤带来极致的呵护体验。有效纾解肌肤绷紧，减淡皱纹并散发天然神采。

使用GEMOLOGY产品

LUMINESCENCE 90 minutes

A skin quenching treatment that provides intense hydration with your choice from a Rejuvenating serum containing vitamins and antioxidants to dramatically lift, tone and hydrate, or an Opulence serum to reveal radiance. The Opulence treatment combines botanical brighteners and super concentrated vitamin C to brighten and balance dull, uneven skin tones, with pigmentation minimized, leaving your skin luminous.

Performed with INTRACEUTICALS Products

水润注氧疗程 90分钟

为缺水肌肤即时大量补水。补湿精华液蕴含丰富维生素及抗衰老因子，令皮肤顿时饱满水润，肤质状态明显提升。结合天然植物美白精华及高浓度维生素C之“盈彩亮白”疗程，快速传递有效亮白成份直达肌底，有助肌肤淡斑及均匀肤色，提升肌肤光泽及活力。

使用INTRACEUTICALS产品



MEN

A collection devised to ensure solutions are provided for common concerns. Through customization and a focus on balancing relaxation, luxury and tension release, these treatments are perfectly balanced for our male guests.

男士

专为男士定制合适的水疗护理方案，焕发年轻，随时保持最佳状态。

PERFORMANCE 120/90 minutes

Intuitive and exquisite, this deep-tissue massage is uniquely designed for precision at specific acupuncture points. Enjoy the benefits of arnica and citrus to invigorate the body, as well as camphor and cypress essential oils to relax areas that are prone to fatigue.

焕活身体按摩
120/90分钟

精妙手法缔造深度按摩疗愈，以恰如其分的力道针对性地按压穴位，山金车和柑橘精油有助提神、樟脑和柏树精油则有效焕活身心。

STRESS RELIEF 120/90 minutes

Massage techniques from all over the world are harmonized to rejuvenate the body and mind as well as empower the five senses. This treatment uses stress-relieving movements combined with a firm massage to relieve muscle tension and restore the body's energy.

解压护理按摩
120/90分钟

汇聚来自世界各地的按摩技艺焕活身心、赋能五感，通过排解压力的方法结合运动及按压舒缓肌肉紧张并恢复身体能量。

BOOST & BRIGHTEN 75 minutes

Enhance your skin's youthfulness with a brightening and detoxifying facial so that it is recharged and can defend against the harmful effects of environmental stress. This treatment results in re-oxygenated that is firmer and more radiant.

Performed with Sothys Products

脸部提亮护理
75分钟

有效提升肌肤光泽及活力，并强化肌肤的防御能力。为肌肤重新注氧，变得更有光泽及紧致。

使用思蒂产品

PROFOUND HYDRATION 75 minutes

A deeply hydrating facial, this treatment utilizes the plumping effects of ceramides to repair the skin's moisture barrier and rebuild. Hyaluronic acid and boletus extract are supplemented for all layers of the skin to stimulate hydration.

Performed with Sothys Products

多重补水护理
75分钟

将精华液迅速渗透至皮肤真皮层，补充透明质酸，牛肝菌萃取精华有效改善皮肤的缺水状况，呈现弹润水嫩的肌肤。

使用思蒂产品

Enhancements

增效体验

Tailor your treatment with exquisite additions that will boost results and enhance your Spa experience at the St. Regis Spa.

于瑞吉水疗中心尊享奢华精致的增效体验。

Cocooning Creme

The velvety texture of this cream envelops and moisturizes the skin for a smooth and youthful glow. Can complement any massage of your choice.

裹敷乳液

利用天鹅绒般质地的乳液包裹身体并滋润肌肤，有助提升水疗体验，配合身体护理获得更佳效果。

Shea Butter

A rich pre-melted butter that deliciously warms the body when applied to the skin, for a supple and silky sensation. Can complement any massage of your choice.

乳木果乳液

深层修护并滋养肌肤，使肌肤柔嫩光滑，有助提升水疗体验，配合身体护理获得更佳效果。

Nourishing Balm

Nourishing and protective, the warming and hydrating texture of the balm results in super soft skin. Can complement any massage of your choice.

滋养修护霜

柔软肌肤，令皮肤顿时回复水润透亮，有助提升水疗体验，获得更佳的护理效果。

Candle Massage

Nourishing and protective, the warming hydrating texture of the candle results in super soft skin. Can complement any massage of your choice.

蜡烛按摩

具有滋养和保护作用，令肌肤柔软，有助提升水疗体验，配合身体护理获得更佳效果。

Refreshing Leg Gel

A cooling and refreshing gel specifically designed for tired feet and legs that results in complete relaxation.

腿部舒缓凝胶

专为疲劳腿部设计的清爽舒缓凝胶。

Diamond Floral Milk Bath

20 minutes

Diamond powder, with sensual notes of jasmine and ylang ylang essential oils as well as warming water melt away stress and calm the mind and body.

钻石无瑕精华浴

20分钟

蕴含丰富抗氧化及提亮因子的钻石粉末，糅合茉莉花及依兰依兰精油的宁神香调，形成一道舒静保护层，令思绪及身心彻底放松及蜕变。

Targeted Massage

20 minutes

Increase your treatment time with a targeted massage, personalized to focus where you need it most.

针对性按摩

20分钟

通过有效且针对性的按摩以提升水疗体验，重点舒缓您的身体需要。

Booster

20 minutes

Enhance the skin with an Intraceuticals booster. Choose from collagen, vitamin C+3, vitamin A or antioxidant protection to elevate your treatment.

盈润晶彩

20分钟

使用Intraceuticals盈润晶彩为皮肤补水。利用胶原蛋白精华液、维生素C+3、维生素A精华液及活颜丝悦修护精华液令皮肤加倍紧致。

Age-Defying Hand Treatment

Immediately brightening, this hand treatment plumps the skin whilst revealing a clear and uniform skin tone.

抗衰老手部护理

有效提亮肤色，焕发天然肌肤活力。

Atoxylene

20 minutes

This targeted treatment is the perfect, non-surgical alternative to more invasive procedures, where the Atoxylene amino acids instantly firm, lift, and plump your skin for a dramatically reduced appearance of fine lines and wrinkles.

盈亮平皱

20分钟

媲美整形级之美容疗程，被公认为最有效但非侵入性治疗的替代品。“盈亮平皱”疗程之天然氨基酸具有速效提拉、紧致及饱满效果，特别针对改善表情纹，柔和皮肤纹路及线条。

Cryo-Eye Contour

15 minutes

Enhance the Profound Hydration Facial with a high impact cryo-eye treatment that helps immediately reduce signs of tiredness and aging while cooling porcelain spoons reduce visible dark circles and puffiness.

明眸亮眼

15分钟

专业按摩手法促进眼周神经及血液流动与循环，减少眼部浮肿，还原焕彩明眸。

Finishing Touches

额外护理

Gents Cut
Sit back and relax as our expert barber cuts and styles your hair to your preference.

男士剪发
我们的专业理发师会根据您的喜好为您设计发型。

Hair Blow Out
Give your hair a stylish lift and exquisite volume that only comes with the classic blowout.

洗发及吹发
打造柔顺秀发，让您焕然一新。

Ladies Cut
Indulge in any type of haircut that your heart desires no matter the hair length.

女士剪发
专门为任何头发长度的女士提供各种合适发型。

Styling
Request your preferred style, sit back and enjoy the transformation.

头发造型
按您喜欢的风格，塑造合适的发型。

Hair Treatment
Pamper yourself with a hydrating hair treatment or color service for any hair length.

头发护理
为任何头发长度提供深层滋养头发护理及染发服务。

Manicure
60 minutes
Beautifully simple essential nail maintenance. A treatment including cuticle work, nail shape and hydrating cream, this will leave nails and hands feeling nourished and looking elegant.

美甲护理
60分钟
护理包括角质层护理、指甲造型及手部保湿，让指甲和双手倍感滋润，体验精致优雅。

Executive Nails
30 minutes
Specifically designed for men, this manicure to counteracts common nail concerns and ensures that nail health is maintained, and the appearance is with a smart appearance.

男士尊享指甲护理
30分钟
专为男士而设的指甲护理，确保指甲健康。

Bespoke Manicure
75 minutes
Enhancing the luxury of the essential manicure, this treatment raises the stakes with the inclusion of an extended massage and scrub.

尊贵美甲护理
75分钟
体验基本美甲护理以外的奢华感，尽享额外的手部按摩及磨砂。

Pedicure
60 minutes
Perfectly delivered nail and foot maintenance, this treatment includes cuticle work, nail shaping and hydrating cream, leaving your nails and feet feeling lighter and looking elegant.

足部护理
60分钟
护理包括角质层处理、指甲塑形形状及足部保湿，使双脚更优雅及轻盈。

Bespoke Pedicure
75 minutes
An elevated pedicure treatment that is complemented by a foot massage and scrub to truly revive tired feet.

尊贵足部护理
75分钟
通过足部按摩和磨砂提升护理效果，让双脚恢复活力。

Spa Guidelines

Operating Hours

The Spa at The St. Regis Macao
Daily 11:00 AM — 11:00 PM
St. Regis Salon
Available by appointment only

Age Requirements

Guests must be 18 years of age or older to experience a massage or body treatment; or enjoy The Spa's relaxation and locker areas, as well as amenities.

Reservations

To ensure the best spa experience with us, please inform us of the following:

- Allergies, medical conditions, or pregnancy
- If you are celebrating any special occasions

Walk-in appointments are welcome, however guests are encouraged to make arrangements in advance. All reservations must be secured with a credit card. To schedule your appointment(s), please call The Spa at The St. Regis Macao at +853 8113 4949. For guests staying at the hotel, please contact our St. Regis Butler Service.

Cancellation Policy

The treatments selected are reserved especially for you with one of our professional therapists. We request a minimum of 24 hours to cancel any service. Cancellation made with less than 24 hours' notice will incur a 50% cancellation fee. The full treatment charge will automatically be imposed for a "no-show".

Arrivals

We request that you arrive at least 15 minutes prior to your treatment time, providing you with ample time to check in and prepare for your spa experience. Should your arrival be delayed, please note that your treatment time will be reduced accordingly so that we may serve the next guest on time.

Other Information

Outside food or drink is prohibited at The Spa. A guest appearing intoxicated will be denied access. Your spa experience is your time and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume, or any other conditions, please notify your therapist immediately. We are not responsible for any personal belongings and/or valuables brought into The Spa or left in your locker. Please leave your valuables at home or in your room safe. To protect the privacy of our guests and to preserve the guest experience, the use of cell phones, electronic devices, and cameras is prohibited in The Spa.

Payment

American Express, JCB, MasterCard, Visa, Union Pay and WeChat Pay are accepted. You may also charge services to your room. Price is in MOP and subject to 5% government tax.

Gift Card

Gift cards are available for purchase. For any inquiries, please contact The Spa at The St. Regis Macao at +853 8113 4949. Guests staying at the hotel, please contact St. Regis Butler Service for assistance.

水疗须知

营业时间

瑞吉水疗中心
每天早上11時至晚上11時
瑞吉沙龙
仅限预约

年龄要求

必须年满18岁才能体验按摩及身体护理，包括使用水疗中心的更衣室和设施。

预约

为提供最优质合适的水疗体验，欢迎告知我们：

- 过敏、健康状况或怀孕
- 庆祝任何特殊场合

欢迎无预约的宾客亲临水疗，不过我们建议宾客提前预约水疗服务。所有预约必须以信用卡号码确认。预约请致电+853 8113 4949与瑞吉水疗中心柜台联络。酒店宾客可联络瑞吉管家服务安排。

取消政策

如需取消预约，敬请于服务前24小时通知，否则会被收取50%的水疗费用。若缺席所预约之服务，水疗费用会被全额收取。

享用服务前

我们建议您在护理开始前最少15分钟到达，让您有充足的时间以进行登记及准备以达致更佳的水疗效果包括使用。为确保宾客疗程能准时开始，如到达较预订时间为晚，您的护理时间会被缩短。

其他须知

水疗中心内禁止外带食物或饮料。服用酒精者将被拒绝进入水疗中心。为确保最佳的水疗体验，若因室内温度、按摩力度、音乐音量或任何其他条件而感起不适，请立即通知您的理疗师。对于带入水疗中心或留在储物柜中的任何个人物品和/或贵重物品，请好好保管自己的财物，如若发生意外或招致财物损失，本酒店概不负责及不会作出任何赔偿。为了保护客人的隐私并维护客人体验，水疗中心禁止使用手机、电子设备和相机。

支付方式

我们接受美国运通卡、JCB、万事达卡、Visa卡、银联卡及微信支付，您亦可挂账到房间账单上。价格以澳门币计算并须额外收取5%政府税。

水疗礼券

水疗礼券可供购买。如有需要或查询，请致电+853 8113 4949与瑞吉水疗中心柜台联系。酒店宾客可联系瑞吉管家服务安排。

The St. Regis Macao
The Londoner Macao,
Estrada do Istmo, s/n, Cotai, Macau
澳门瑞吉酒店
澳门伦敦人，中国澳门路氹连贯公路

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